



Thakur Educational Trusts (Regd.)

THAKUR RAMNARAYAN  
COLLEGE OF LAW

Thakur Ramnarayan Educational Campus,  
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Notice No.: TRCL/124/2026-27

Date: 9<sup>th</sup> October, 2026

## NOTICE

### MENTAL HEALTH CLUB

The Mental Health Club is proud to announce its inaugural event commemorating World Mental Health Day. The Club has been initiated with the aim to providing a platform for well-being of students and seeking support through guidance and counselling.

Event details are as follows:

- **Guest Talk on:** *The Rat Race Within: When "Everyone is Ahead of Me"*
- **Resource Person:** Mr. Sachin Sutar (On-Campus Counsellor)
- **Date:** October 12, 2026 (Monday)
- **Timing:** 10:00 AM onwards
- **Venue:** Exam Hall, Third Floor

We welcome all students to be a part of the event and understand the mechanism of the Club. The session will be followed by interactive activities on the 7<sup>th</sup> Floor.

Prepared By  
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Faculty Incharge – MHC

Checked By  
Dr. Urmila Chauhan  
HoD, IQAC Coordinator

Dr. A. K. Singh  
Principal

DOD: 9<sup>th</sup> Oct 2026



DOR: 13<sup>th</sup> Oct 2026